

## *The Difference Between Soul and Spirit*

**COSMIC AWARENESS:** When this Awareness speaks of Spirit it is more general in its meaning, implying that Spirit is that which is the consciousness of the Divine, at a level of expression into human consciousness to indicate that there is that level of spiritual awareness, Divine Awareness, that has as its purpose the guidance of humanity, the guidance of the realms of consciousness that allow a cohesiveness of consciousness. Thus Spirit is not quite the same as soul, for soul is a strand of consciousness.

The soul is part of Spirit and thus when one returns back to Spirit, one can be said to be returning back to the soul as well. But the soul also has more distinct consciousness, in a manner of speaking. It could be understood that a soul is the body of consciousness from which cells of consciousness emerge to partake in a human experience, an experience of life not unknown to God or the Divine. Again, there is a pause, for this Awareness sees the soul as having human expression, not necessarily animal consciousness or vegetable consciousness. What this Awareness wishes to say is the following: Spirit involves all strands of consciousness; soul is more singular in nature, more a collective body.

Thus it is that the soul sends out aspects of itself to have experiences, primarily in human consciousness on this planet. It is not related to, for example, animal consciousness. Thus the animal group soul from which, let us say, a dog comes from is not the same as the soul that human aspects come from. Yet the dog strain of consciousness, that which is the dog collective consciousness, is part of Spirit. Spirit incorporates all soul levels. It indeed holds the group collective consciousness for the mineral world, for the plant world, for the animal world and for the human world. It is an expression of divine consciousness, an understanding that it holds the consciousness of sentient beings, while the soul is more a singular strand of consciousness or an individual consciousness that is also collective in nature. Thus a soul will be composed of many cells or many aspects of itself, all within the body of a soul. Furthermore, there are various souls for various humans who are part of a soul group, soul family, within the soul itself. There are pods or groups that have a similar family. There is the soul family. Thus it is an aspect of the soul can be born into physical life and be part of a physical family, but not being part of the soul family. A member of one's soul family may not necessarily also be a member of one's human family. One may meet another in life and realize that they come from the same soul family or soul group, soul pod. There are different words that can be used to describe this concept. When this happens, there is generally speaking a great sense of familiarity, of connection that is often greater than one might even feel with their own blood relatives, their own family members.

Those who are from the same soul pod, soul group, soul family will often have an affinity for one another, will understand each other. It is as if that which connects them is so deep that often they do not need even to speak in words what they feel and what they know, for they understand that the other shares this way of thinking, this way of knowing. When one ends the physical journey, when one returns back into Spirit, it could be said that one is first and foremost returning to the overall field of consciousness that exists beyond physical consciousness. But when one returns back into one's soul, one is returning into the body of consciousness from which they emanated, from which they are a part of, an aspect of, and this is part of Spirit, but it is a very strong and unique expression of Spirit that is focused into a collective mindset and purpose.

The purpose of one soul may be quite different than the purpose of another soul. Many have heard of young souls and old souls. Loosely speaking, an old soul may be an aspect that has been around longer than a more newly formulated soul grouping, a soul body. They have had aspects that have had many physical

incarnations, both on the planet Earth as well as on the other planets that contain human life. The Galactic Federation forces are often of the old soul variety, for they have begun their journey much further back than the more recent beginnings of planet Earth and those Terrans who are the new souls of planet Earth. Thus it is that many of the old souls who incarnate on planet Earth have a Star Being origin that does not start on planet Earth, but perhaps on one of the 11 other planets that hosted human life. Often they come to this planet to assist the young souls that are starting incarnational experiences in physical form on planet Earth.

Thus it is, old souls have started their journeys much earlier, and they are old souls more because they have had the chance to have many lifetimes, where the young soul is still going through preliminary experiences as the collective identity of that soul is forming itself. The old souls have already formulated many aspects of consciousness and conscious awareness that they bring into play when those old souls interact in the larger play of life on planet Earth. All of this is combined in the understanding that the soul is a unique focus of Spirit that is choosing to have singular experiences, as well as having a collective experience, as the aspects of the many parts of the soul also bind together to create the overall soul - be it an old soul, a medium soul or a young soul. This is even limited in explanation but at this time this Awareness feels that It has now answered the question sufficiently for this time and stands prepared to answer any further questions the Energizer has of It.

## *12 Planets of the Galactic Federation*

**COSMIC AWARENESS:** There are 12 planets that are of the Galactic Federation and where humanoid beings exist. This includes in part the Pleiadeans, the Arcturians, the Venusians, the Solarians, the Vegans, the Lyrians, the Sirians and the Andromedeans. The planet Terra, or Mother Earth, Gaia, is the youngest, the child planet. And it is as if the older brothers and sisters have come to help this sibling of theirs ascend, to move forward, to help it grow up, to reach a more mature state.

The souls of each of the other planets, if you will, could be considered separately from the concept of Spirit overall. Thus it is that the Pleiadian souls are such that they started their human journeys at a point so far back in time, if you will, that they have had much opportunity to grow, expand, to indeed pass through the Ascension experiences that they have encountered in their own development along the way. They have an understanding, an awareness, that it is only by helping those of the soul family that they are part of to ascend, that they themselves will continue their growth and development. Each of the planets can be considered to also have a planetary soul.

All the citizens belong to all those aspects of the soul that have come into human incarnation and also belong to a planetary soul, which is subdivided into other layers or levels, separate individual souls that compose the consciousness of that planet. At this time on planet Earth, it being a younger soul, not entirely awake, not entirely aware - thus being misled, thus being sidetracked by those who have another agenda, those who have come to mislead those who are here to wake up ultimately. These brothers and sister souls are here to help the child soul reach a new level of conscious awareness.

But it is also understood that there are others with other agendas from other soul groups, if you will, who wish to introduce alternative experiences. This is one way of understanding what is happening; this not being of a level of judgment that one is better than the other. One can simply align to a soul's energy that best corresponds with one, and then they will be drawn to work with the energies of that soul in whatever context it appears. This begins to become truly most complex. This Awareness chooses to leave it at that for now.